

Class Assembly Curriculum Map 2024-2025

EYFS

Autumn 1– physical health		
	Objective	Activity/ Resource
Session 1	Being healthy	Pixl – Wellbeing/my health
Session 2	Healthy eating	Pixl – Wellbeing/my health
Session 3	Being Active	Pixl – Wellbeing/my health
Session 4	Sleeping	Pixl – Wellbeing/my health
Session 5	Keeping clean	Pixl – Wellbeing/my health
Session 6	Talking about feelings	Pixl – Wellbeing/my health

Autumn 2 - Mental Health		
	Objective	Activity/ Resource
Session 1	Healthy body, healthy mind	Pixl – Wellbeing/my mind
Session 2	Feelings	Pixl – Wellbeing/my mind
Session 3	Connections	Pixl – Wellbeing/my mind
Session 4	Challenge	Pixl – Wellbeing/my mind
Session 5	Resilience	Pixl – Wellbeing/my mind
Session 6	Being positive	Pixl – Wellbeing/my mind
Session 7	Being calm	Pixl – Wellbeing/my mind

Spring 1 - Online Safety		
Session 1	What is a device?	Pixl – e-safety resources
Session 2	What is the internet?	Pixl – e-safety resources
Session 3	Learning new things on the internet	Pixl – e-safety resources
Session 4	All about me	Pixl – e-safety resources
Session 5	Asking for help	Pixl – e-safety resources

Spring 2 - relationships		
Session 1	Sharing	Pixl – culture additional resources
Session 2	Taking turns	Pixl – culture additional resources
Session 3	Fairness	Pixl – culture resources
Session 4	Teamwork	Pixl – character resources
Session 5	Honesty	Pixl – character resources
Session 6	Patience	Pixl – character resources

Summer 1 RSE - character		
Session 1	Self-control	Pixl – character resources
Session 1	Independence	Pixl – character resources
Session 2	Motivation	Pixl – character resources
Session 3	Organisation	Pixl – character resources
Session 4	Teamwork	Pixl – character resources

Summer 2 - wider world		
Session 1	Interaction	Pixl wellbeing – My life
Session 2	Support	Pixl wellbeing – My life
Session 3	Environment	Pixl wellbeing – My life
Session 4	Your actions	Pixl wellbeing – My life
Session 5	Opportunities	Pixl wellbeing – My life

Year 1

Autumn 1 - physical health		
	Objective	Activity/ Resource
Session 1	dental health p1	PSHE association
Session 2	dental health p2	PSHE association
Session 3	sun protection p1	PSHE association
Session 4	sun protection p2	PSHE association
Session 5	Sleep p1	PSHE association
Session 6	Sleep p2	PSHE association

Autumn 2 - mental health		
	Objective	Activity/ Resource
Session 1	Hug-a-saurus p1	Pixl wellbeing resources – my mind
Session 2	Hug-a-saurus p2	Pixl wellbeing resources – my mind
Session 3	Feeling and emotions	Pixl wellbeing resources – my mind
Session 4	Support network	Pixl wellbeing resources – my mind
Session 5	Happiness	Pixl wellbeing resources – my mind
Session 6	Challenge	Pixl wellbeing resources – my mind

Spring 1 – Online Safety		
	Objective	Activity/ Resource
Session 1	The internet	Pixl – online safety resources
Session 2	Searching the internet	Pixl – online safety resources
Session 3	Facts and opinions	Pixl – online safety resources
Session 4	Personal Information	Pixl – online safety resources
Session 5	Trusted adult	Pixl – online safety resources

Spring 2 - Relationships		
	Objective	Activity/ Resource
Session 1	What makes a family? P1	PSHE association
Session 2	What makes a family? P2	PSHE association
Session 3	Different families p1	PSHE association
Session 4	Different families p2	PSHE association
Session 5	Self-control year 1	Pixl – character

Spring 2 RSE Character		
	Objective	Activity/ Resource
Session 1	Independence	Pixl – character
Session 2	Leadership	Pixl – character
Session 3	Motivation	Pixl – character
Session 4	Organisation	Pixl – character
Session 5	Teamwork	Pixl – character

Summer 2 - Wide world		
	Objective	Activity/ Resource
Session 1	Sameness and difference p1	PSHE association
Session 2	Sameness and difference p2	PSHE association
Session 3	Teamwork futures	Pixl – futures
Session 4	Responsibility futures	Pixl – futures
Session 5	Hobbies and clubs futures	Pixl – futures

Year 2

Autumn 1 - physical health		
	Objective	Activity/ Resource
Session 1	Substances KS1 lesson 1 p1	PSHE association
Session 2	Substances KS1 lesson 1 p1	PSHE association
Session 3	Substances KS1 lesson 2 p1	PSHE association
Session 4	Substances KS1 lesson 2 p2	PSHE association
Session 5	Substances KS1 lesson 3 p1	PSHE association
Session 6	Substances KS1 lesson 3 p2	PSHE association

Autumn 2 - Mental Health		
	Objective	Activity/ Resource
Session 1	Resilience	Pixl – wellbeing
Session 2	Determination	Pixl – wellbeing
Session 3	Self-awareness	Pixl – wellbeing
Session 4	Keeping cool	Pixl – wellbeing
Session 5	Being positive	Pixl – wellbeing

Spring 1 - Online Safety		
	Objective	Activity/ Resource
Session 1	Enjoying the internet	Pixl – digital wellbeing
Session 2	Asking for help	Pixl – digital wellbeing
Session 3	Chatting online	Pixl – digital wellbeing
Session 4	Being a good friend online	Pixl – digital wellbeing
Session 5	Tips for staying safe	Pixl – digital wellbeing

Spring 2 – relationships		
	Objective	Activity/ Resource
Session 1	All different, all special p1	PSHE association
Session 2	All different, all special p2	PSHE association
Session 3	Asking for permission p1	PSHE association
Session 4	Asking for permission p2	PSHE association
Session 5	Self-control year 2	Pixl – character

Summer 1 - character		
	Objective	Activity/ Resource
Session 1	Independence	Pixl – character resources
Session 2	Leadership	Pixl – character resources
Session 3	Motivation	Pixl – character resources
Session 4	Self-control	Pixl – character resources
Session 5	Teamwork	Pixl – character resources

Summer 2 - wider world		
	Objective	Activity/ Resource
Session 1	Caring for the environment lesson 1 p1	PSHE association
Session 2	Caring for the environment lesson 1 p2	PSHE association
Session 3	Caring for the environment lesson 2 p1	PSHE association
Session 4	Caring for the environment lesson 2 p2	PSHE association
Session 5	Pantosaurus (1 hour slot needed)	NSPCC

Year 3

Autumn 1 – RSE Curriculum – physical health/first aid		
Session 1	calling for help p1	St Johns
Session 2	calling for help p2	St Johns
Session 3	bites and stings p1	St Johns
Session 4	bites and stings p2	St Johns
Session 5	Head injuries p1	St Johns
Session 6	Head injuries p2	St Johns

Autumn 2 - Mental Health		
Session 1	My mind	Pixl – wellbeing
Session 2	Healthy body and mind p1	Pixl – wellbeing
Session 3	Healthy body and mind p2	Pixl – wellbeing
Session 4	Mind training	Pixl – wellbeing
Session 5	Resilience	Pixl – wellbeing
Session 6	Determination	Pixl – wellbeing

Spring 1 Online Safety		
Session 1	Enjoying the internet	Pixl – digital wellbeing
Session 2	Being SMART	Pixl – digital wellbeing
Session 3	Communicating online	Pixl – digital wellbeing
Session 4	Being a good friend online	Pixl – digital wellbeing
Session 5	Online bullying	Pixl – digital wellbeing

Spring 2 – relationships		
Session 1	Personal identity p1	PSHE association
Session 2	Personal identity p2	PSHE association
Session 3	Self-control	Pixl –character
Session 4	Compassion	Pixl –character
Session 5	Fairness	Pixl –character
Session 6	Honesty	Pixl –character

Summer 1 - character		
Session 1	Independence	Pixl – character
Session 2	Leadership	Pixl – character
Session 3	Motivation	Pixl – character
Session 4	Organisation	Pixl – character
Session 5	Teamwork	Pixl – character

Summer 2 - wider world		
Session 1	Belonging to a community p1	PSHE association
Session 2	Belonging to a community p2	PSHE association
Session 3	Science futures	Pixl futures
Session 4	Compassion futures	Pixl futures
Session 5	Community connections p1	Pixl – wellbeing – my life
Session 6	Community connections p2	Pixl – wellbeing – my life

Year 4

Autumn 1– physical health		
	Objective	Activity/ Resource
Session 1	asthma p1	St Johns
Session 2	asthma p2	St Johns
Session 3	Basic life support	St Johns
Session 4	Basic life support	St Johns
Session 5	sun protection p1	PSHE association
Session 6	sun protection p2	PSHE association

Autumn 2 - Mental Health		
	Objective	Activity/ Resource
Session 1	Feelings	Pixl - wellbeing
Session 2	Emotions	Pixl - wellbeing
Session 3	Mental health	Pixl - wellbeing
Session 4	Positivity	Pixl - wellbeing
Session 5	Self-awareness	Pixl - wellbeing

Spring 1 Online Safety		
	Objective	Activity/ Resource
Session 1	Sharing online	Pixl – digital wellbeing
Session 2	Online gaming	Pixl – digital wellbeing
Session 3	Reliability of information	Pixl – digital wellbeing
Session 4	Looking after ourselves online	Pixl – digital wellbeing
Session 5	Summary	Pixl – digital wellbeing

Spring 2– relationships		
	Objective	Activity/ Resource
Session 1	Family relationships p1	PSHE association
Session 2	Family relationships p2	PSHE association
Session 3	Diverse families p1	PSHE association
Session 4	Diverse families p2	PSHE association
Session 5	Family changes p1	PSHE association
Session 6	Family changes p2	PSHE association

Summer 1 - character		
	Objective	Activity/ Resource
Session 1	Independence	Pixl –character
Session 2	Leadership	Pixl –character
Session 3	Motivation	Pixl –character
Session 4	Organisation	Pixl –character
Session 5	Teamwork	Pixl –character

Summer 2 - wider world		
	Objective	Activity/ Resource
Session 1	Bleeding	St Johns
Session 2	Bleeding	St Johns
Session 3	How money is used p1	PSHE association
Session 4	How money is used p2	PSHE association
Session 5	Making decisions about money p1	PSHE association
Session 6	Making decisions about money p2	PSHE association

Autumn 1– physical health		
Session 1	Safety rules: Medicines and products p1	PSHE resource
Session 2	Safety rules: Medicines and products p1	PSHE resource
Session 3	Safety rules: Alcohol and tobacco p1	PSHE resource
Session 4	Safety rules: Alcohol and tobacco p2	PSHE resource
Session 5	Managing risk: medicines p1	PSHE resource
Session 6	Managing risk: medicines p2	PSHE resource
RSE	Puberty	PSHE resource

Autumn 2 - Mental Health		
Session 1	Self-management	Pixl – wellbeing resources
Session 2	Game plan	Pixl – wellbeing resources
Session 3	Coping strategies	Pixl – wellbeing resources
Session 4	Self-control	Pixl – wellbeing resources
Session 5	Support network	Pixl – wellbeing resources
Session 6	Focus	Pixl – wellbeing resources

Spring 1 Online Safety		
Session 1	Being smart online	Pixl - digital wellbeing
Session 2	Online friendships	Pixl - digital wellbeing
Session 3	Digital citizens	Pixl - digital wellbeing
Session 4	Online wellbeing	Pixl - digital wellbeing
Session 5	Online scams	Pixl - digital wellbeing
RSE	Menstruation and wet dreams	PSHE resource

Spring 2– relationships		
Session 1	Giving and seeking permission p1	PSHE resource
Session 2	Giving and seeking permission p2	PSHE resource
Session 3	Personal boundaries p1	PSHE resource
Session 4	Personal boundaries p2	PSHE resource
Session 5	Inappropriate touch p1	PSHE resource
Session 6	Inappropriate touch p2	PSHE resource
RSE	Personal hygiene	PSHE resource

Summer 1 - character		
Session 1	To be you – identity	PiXL book sequence
Session 2	To be you – being unique	PiXL book sequence
Session 3	To be you – Proud of me	PiXL book sequence
Session 4	Unsung heroes – investigation	PiXL book sequence
Session 5	Unsung heroes – discover	PiXL book sequence
Session 6	Unsung heroes – find you people	PiXL book sequence

Summer 2 - wider world		
Session 1	Stereotypes p1	PSHE association
Session 2	Stereotypes p2	PSHE association
Session 3	Extremism p1	PSHE association
Session 4	Extremism p2	PSHE association
Session 5	Burns and scalds p1	St Johns
Session 6	Burns and scalds p1	St Johns
RSE	Emotions and feelings	PSHE association

Year 6

Autumn 1– physical health		
	Objective	Activity/ Resource
Session 1	Managing risk: legal and illegal Drugs p1	PSHE association
Session 2	Managing risk: legal and illegal Drugs p2	PSHE association
Session 3	Managing risk: influences and pressure p1	PSHE association
Session 4	Managing risk: influences and pressure p2	PSHE association
Session 5	Managing risk: drugs and alcohol in the media p1	PSHE association
Session 6	Managing risk: drugs and alcohol in the media p2	PSHE association
RSE	Puberty recap	PSHE association

Autumn 2 - Mental Health		
Session 1	Mental health and keeping well p1	PSHE association
Session 2	Mental health and keeping well p1	PSHE association
Session 3	Managing challenges and change p1	PSHE association
Session 4	Managing challenges and change p2	PSHE association
Session 5	Managing loss and bereavement p1	PSHE association
Session 6	Managing loss and bereavement p2	PSHE association

Spring 1 Online Safety		
Session 1	Online reputation	Pixl - digital wellbeing
Session 2	Online gaming	Pixl - digital wellbeing
Session 3	Online trust	Pixl – digital wellbeing
Session 4	Digital dilemmas	Pixl – digital wellbeing
Session 5	Pick your pics p1	PSHE association
Session 6	Pick your pics p2	PSHE association
RSE	Change and becoming independent	PSHE association

Spring 2 – relationships		
Session 1	Including others p1	PSHE association
Session 2	Including others p2	PSHE association
Session 3	Bullying and its impact p1	PSHE association
Session 4	Bullying and its impact p2	PSHE association
Session 5	Marriage and partnership p1	PSHE association
Session 6	Marriage and partnership p1	PSHE association
RSE	Positive, healthy relationships	PSHE association

Summer 2 - wider world		
Session 1	Transitioning to secondary school p1	PSHE association
Session 2	Transitioning to secondary school p2	PSHE association
Session 3	Money and wellbeing lesson 1 pt 1	PSHE association
Session 4	Money and wellbeing lesson 1 pt 2	PSHE association
Session 5	Money and wellbeing lesson 2 pt 1	PSHE association
Session 6	Money and wellbeing lesson 2 pt 2	PSHE association
RSE	How a baby is made	PSHE association