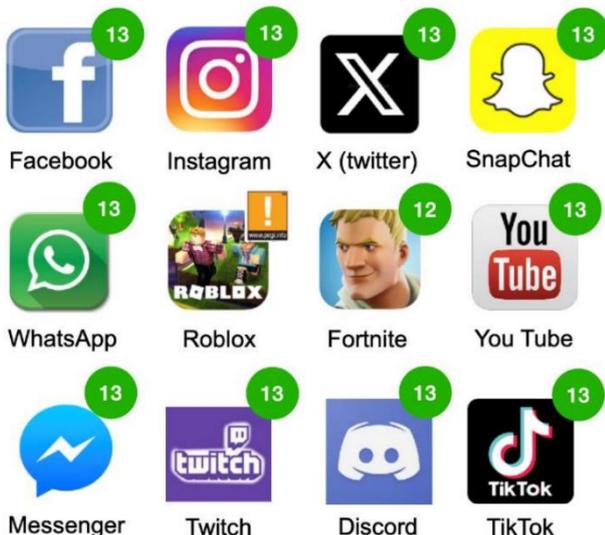


Online Safety Newsletter – January 2025

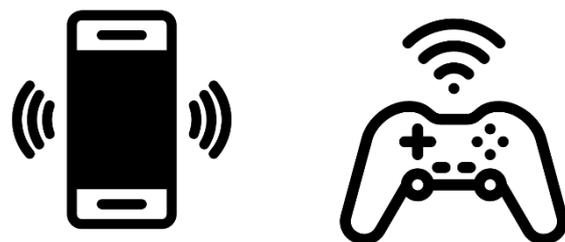
Age ratings

Age ratings for games and social media apps are designed to protect children from content that may be unsuitable for their age, helping to safeguard their mental and emotional well-being. These ratings provide guidance on factors such as violence, language, and themes that could be too mature for younger audiences.

By adhering to age ratings, parents can ensure their children engage with content that is appropriate for their developmental stage, reducing the risk of exposure to harmful material.



Whether your child is viewing films, accessing apps, playing games online or using social media – make sure you check the age rating first to see if your child is old enough. In addition, the likes of PEGI (Pan European Game Information) will give you an indication of the type of content that your child might view e.g. violence or bad language.



What else can I do?

- Explain the importance of age ratings to your child and how they protect them.
- Go online together to see what your child is accessing.
- Set up parental controls on your broadband, devices and on any individual apps that your child is using. This will reduce the chances of them accessing or viewing anything unsuitable.
- Chat to your child regularly about what they are doing online and as always, remind your child that if anything is worrying them then they should talk to you or another trusted adult.